

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

**Menu Name:** SECONDARY BREAKFAST

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 03/02/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000566 EGGS SCRAMBLED	cup	1	339	*1	3.01
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			889	*45	84.62
% of Calories				*20.2%	38.1%
Weekly Nutrient Guideline			450 - 600		

### Tuesday - 03/03/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST	SLICES	1	151	*8	19.86

# Base Menu Spreadsheet

## Portion Values

CINNAMON					
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000504 BISCUIT SANDWICH	SANDWICH	1	420	*3	27.00
Weighted Daily Average			987	*52	114.61
% of Calories				*21.1%	46.4%
Weekly Nutrient Guideline			450 - 600		

### Wednesday - 03/04/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000616 Dutch Waffle	FUNNEL CAKE	1	300	12	43.00
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
Weighted Daily Average			690	*31	98.61
% of Calories				*18.0%	57.2%
Weekly Nutrient Guideline			450 - 600		

### Thursday - 03/05/2020

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000616 Dutch Waffle	FUNNEL CAKE	1	300	12	43.00
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
Weighted Daily Average			690	*31	98.61
% of Calories				*18.0%	57.2%
Weekly Nutrient Guideline			450 - 600		

### Friday - 03/06/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000955 CINNAMON ROLL DOUGH PILSBURY	ROLL	1	260	10	36.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000865 CINNAMON ROLLS ULTRAGRAIN	SERVINGS	1	230	*11	41.68
Weighted Daily Average			1057	*70	165.29
% of Calories				*26.5%	62.6%
Weekly Nutrient Guideline			450 - 600		

### Monday - 03/09/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000566 EGGS SCRAMBLED	cup	1	339	*1	3.01
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			889	*45	84.62
% of Calories				*20.2%	38.1%
Weekly Nutrient Guideline			450 - 600		

### Tuesday - 03/10/2020

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000566 EGGS SCRAMBLED	cup	1	339	*1	3.01
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000504 BISCUIT SANDWICH	SANDWICH	1	420	*3	27.00
Weighted Daily Average			1876	*97	199.22
% of Calories				*20.7%	42.5%
Weekly Nutrient Guideline			450 - 600		

Wednesday - 03/11/2020

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
001101 DONUTS CAKE MINI	4 DONUTS	1	200	9	25.00
001113 DONUT HOLES	5 HOLES	1	220	5	24.00
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
Weighted Daily Average			810	*33	104.61
% of Calories				*16.3%	51.7%
Weekly Nutrient Guideline			450 - 600		

**Thursday - 03/12/2020**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000541 BISCUIT & GRAVY	SERVING	1	300	3	33.33
Weighted Daily Average			867	*52	120.94
% of Calories				*24.0%	55.8%
Weekly Nutrient Guideline			450 - 600		

### Friday - 03/13/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000664 DONUT LONG JOHN RICHES	SERVING	1	406	*26	53.17
Weighted Daily Average			973	*75	140.78
% of Calories				*30.8%	57.9%
Weekly Nutrient Guideline			450 - 600		

### Monday - 03/16/2020

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000566 EGGS SCRAMBLED	cup	1	339	*1	3.01
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			889	*45	84.62
% of Calories				*20.2%	38.1%
Weekly Nutrient Guideline			450 - 600		

**Tuesday - 03/17/2020**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000566 EGGS SCRAMBLED	cup	1	339	*1	3.01
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000662 CEREAL	CEREAL	1	112	8	22.75



# Base Menu Spreadsheet

## Portion Values

VARIETY					
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000504 BISCUIT SANDWICH	SANDWICH	1	420	*3	27.00
Weighted Daily Average			1876	*97	199.22
% of Calories				*20.7%	42.5%
Weekly Nutrient Guideline			450 - 600		

Wednesday - 03/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000891 PANCAKE N SAUSAGE STICK	STICK	1	220	*N/A*	22.00
Weighted Daily Average			787	*49	109.61
% of Calories				*24.9%	55.7%
Weekly Nutrient Guideline			450 - 600		

### Thursday - 03/19/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000541 BISCUIT & GRAVY	SERVING	1	300	3	33.33
Weighted Daily Average			867	*52	120.94
% of Calories				*24.0%	55.8%
Weekly Nutrient Guideline			450 - 600		

### Friday - 03/20/2020

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000541 BISCUIT & GRAVY	SERVING	1	300	3	33.33
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000650 PANCAKES MINI MAPLE	PKG	1	220	12	39.00
000651 PANCAKES MINI STRAWBERRY	PKG	1	220	14	40.00
001022 SYRUP PANCAKE	TBSP	1	46	4	12.06
Weighted Daily Average			1920	*131	299.61
% of Calories				*27.3%	62.4%
Weekly Nutrient Guideline			450 - 600		

Monday - 03/30/2020

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000566 EGGS SCRAMBLED	cup	1	339	*1	3.01
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000983 JUICE CUP	CUP	1	60	13	15.00
000489 MILK VARIETY	CARTON	1	118	16	17.00
000504 BISCUIT SANDWICH	SANDWICH	1	420	*3	27.00
Weighted Daily Average			1876	*97	199.22
% of Calories				*20.7%	42.5%
Weekly Nutrient Guideline			450 - 600		

Tuesday - 03/31/2020

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
000566 EGGS SCRAMBLED	cup	1	339	*1	3.01
000495 TOAST	SLICES	1	126	*2	13.00
000093 TOAST CINNAMON	SLICES	1	151	*8	19.86
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			889	*45	84.62
% of Calories				*20.2%	38.1%
Weekly Nutrient Guideline			450 - 600		

			Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)
Weighted Averages			1108	*62	135.87
% of Calories				*22.4%	49.1%

- \*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \* - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> - denotes required nutrient values
- <sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.